



Steppingstones

A Sure Start Children's Centre



EARLSWOOD

The Parenting Puzzle

A 4-week course to help you get **the best** out of family life 👍

**Wednesdays 16th & 23rd May and 6th & 13th June,
6.30 – 8.30pm**

**Course content
includes:**

**Communication
Giving praise
Handling anger
Behaviours to
ignore**



- Provides practical strategies to use at home
- Gives you tools to develop a more positive relationship with your child

Booking essential; please contact the Centre to book.

Cost: £15 which covers the cost of The Parenting Puzzle book, which is yours to take home and keep.

Steppingstones Children's Centre, Ifold Road, Redhill, Surrey RH1 6EG

For further information please ring **01737 780255** or email childrenscentre@earlswood.surrey.sch.uk

steppingstones-earlswood.org

Children Centre activities are for families with children under 5 years. You are requested to stay with your child and you are responsible for them at all times. Please see separate timetable for school holiday activities.